

# Update

Issue 1, Spring 2015







For the next General Election UHP 3837 will be using electronic voting for the first time. We will be using an outside election company, Survey and Ballot Systems (SBS), to host the election online. This ensures the complete confidentiality of the voting process and the accurate tallying of the votes. Ballots must be cast online (IMPORTANT: Do not use State of Conn computers or phones to vote).

# **Voting Online is Easy**

- 1. Access the online ballot by typing http://www.directvote.net/UHP into your browser.
- 2. When prompted, enter your unique login information.
- 3. Once validated, the election letter will appear on your screen. Select "Go to Ballot."
- 4. Follow the instructions. From here you may also access candidate information by clicking "View Bio" links. Technical support is available at support@directvote.net or by calling (952)-974--2339. You will receive a written letter with even more details in the mail.



#### **Meet Your Nominees**

My name is **Lucille Miller** and I'm running for Chief Steward of UHP. I have extensive experience in not only handling grievances but negotiating contracts as well, with an impressive positive record. As we enter into contract negotiations, I have the expertise and knowledge to bring forth a strong contract for the members of UHP. I served as 1st Vice President, assisting in organizing contract negotiations and I've worked closely with the chief negotiator for the 2006 UHP Contract.

My varied experiences will be an asset to serve the membership. I have put together a list of current and past accomplishments:

Five years as a Labor Relations Specialist

Four years as 1st Vice President of UHP

Currently serving as a Union Steward

Medical Technologist & Clinical Lab Supervisor

Previously served as Delegate to AFT National & AFT CT Conventions

Contract Negotiating Team Member for the 2006 Contract

I also believe many of my life skills will be a real plus moving forward to help accomplish our goals. I feel this position requires a person to be able to converse both with UHP members and management. I also have a professional attitude and the ability to work within all levels of the organization and have a clear understanding of the contract and how to apply the language. I also have experience in managing and resolving contract issues. My supervisory background gives me the ability to understand and anticipate interactions with management.

In addition to my union involvement, I enjoy knitting, creating hand-made greeting cards, camping and cross country skiing. I am currently serving as President of the Executive Committee of my church in Suffield.

I can be contacted at:

lucillehmiller@yahoo.com

# **Meet Your Nominees**

( All candidates were invited to submit their photo and bio.)



VP Tier I

My name is **Joan Williams**. I work in the School of Dental Medicine, Department of Reconstructive Sciences. I have been employed a UConn Health for more than 15 years. I enjoy gardening, reading, volunteering, and traveling.

I am a member of the UHP Social/Scholarship Committee, a UHP Union Rep, a member of the UHP Election and Finance Committee, have been a Delegate to the AFT CT Annual Conventions, AFL-CIO Conventions, and the AFT Conventions, and a member of the UHP Negotiation Team. I was also the recipient of the UHP President's Award in 2008. I volunteer for the Farmington Democrats, Komen Race for the Cure, the UConn Auxiliary (I am a board member and member of the membership committee), and I was one of the first three women to become a Berlin Lions member.

I am running for the UHP position of VP of Tier I. As VP of Tier I, I shall chair the respective standing committees, be responsible for coordination of activities of the Union Representative Assembly, and insure that issues of respective constituent groups are addressed with the local union structure. I am very dedicated to UHP and I look forward to serving you. If you would like to know more about me, please email me at joanw50@att.net.

My name is **Linda Regan** (no photo). I am seeking reelection of my Tier II UHP position. I am a CRNA, APRN and have been employed at UCH for 25 years in the Department of Anesthesia. I have been a member of the UHP executive board for many years. My responsibilities include attending executive board meetings and chairing the UHP union representative meetings. These are informational meetings held monthly. The union rep is the voice of our members. I had been a member of the Negotiating team 2002, 2006 and a elected delegate to many national, state and local conventions. In solidarity, Linda



**VP Tier II** 

Hi, I am Marti Stewart and I have worked at UConn Health and been a member of UHP since 1986. I am an RN and I worked in Same Day Surgery for eight years before transferring to the Nursery. After 12 years in the Nursery, I began working in the Procedure Center. I feel very fortunate to work a UConn and to be a member of UHP. It has enabled me to receive a MPH, work part time when my children were young, and most recently obtain a MSN. I just became certified as a Family Nurse Practitioner and licensed as an Advance Practice Nurse Practitioner. I am hoping to find a job in my new field at UConn Health.

Personally, I live nearby in Farmington. I have two daughters, two dogs, and two cats. My eldest daughter graduated from UConn in December 2013 and was just accepted to UConn's accelerated teaching program in West Hartford, she hopes to teach biology and chemistry after she graduates. My youngest daughter is due to graduate in December of this year. She plans on working with autistic children as an occupational therapist or speech therapist in the future. In my spare time I enjoy gardening and going to the gym. Now that my children are grown and my education is complete, its time for me to give back. I have been a union representative for about three years. I am a UConn CPR instructor, and I am also a member of the Clinical Recognition Review Board. I have decided to run for Vice President of Tier II as I feel I am ready for this challenge. I believe that UHP strives to protect the rights and benefits of its members, and I am ready to contribute to this cause. If elected, I plan to assist in increasing awareness of what UHP does for its membership. I also will strive to increase membership satisfaction and inspire members to become actively involved. Sincerely, Marti



# Presidents Report

It has been an incredibly busy year! Many of you have been part of the big issues... Parking, Ebola training, code yellow, long-term disability coverage, retirement changes, the closing of the REI (Reproductive and Fertility Clinic).

Now we are approaching additional chapters that are being added to the book... new leadership at the Health Center, a new contract to be negotiated and elections for officers for UHP.

I do not accomplish any of these items alone, all of you are part of the decisions. I have tried to listen, plan, and execute strategies that will benefit UHP. I continue to need your support and help through this process. WE are not finished yet!

I appreciate your continued help and support that will keep us all moving forward. By reaching out, I ask you to support our efforts and continue to be there for each other. United we are strong! That's how we will get the job done.

Thank you again and hoping to see you at the business convention April 10th at the Aqua Turf.

Sincerely,

Donna Maronde, UHP President



### **Meet Your Nominees**

#### **Re-Elect Ray Bennettson**

(No photo submitted)

Ray is running for two positions, if elected for both he will need to choose one.

#### VP Tier I and Chief Steward

"My work as a steward for over 15 years has been challenging yet quite fulfilling. I look forward to continue serving this union as an Executive Board Member."

Current UHP Chief Steward since 2013

UHP Steward since 1998 –Handling all forms of grievances between UHP and Management.

UHP Negotiating Team in 1998, 2002, and 2006– Working to continue strengthening out UHP Contract.

Willis Rating committee member since 1998 – Ensuring that members are paid appropriately for the job they do.

UHP Union Representative since 2000—Passing vital information out to the membership.

SEBAC Committee Team Member– Looking out for our members' pension and benefit needs.

UHP Finance Committee since 1998— Ensuring that UHP is fiscally responsible and eliminating the need to raise your dues.

UHP President's Award 2012

AFT-CT Joseph H. Soifer Award 2012

UHP Steward of the Year 2013

UHP delegate for AFT National and AFT-CT since 2002



**VP Community Relations** 

My name is **Edward Roden** MS, APRN, CRNA; I have worked in the Anesthesia Department since 2013. I am a father of 4 children and live in Bethlehem CT. I have been a member of the National Guard since 1992, I currently hold the rank of Major in the Air Force. I enjoy volunteering and have coached youth football and basketball, most recently for Waterbury PAL.

I have held the elected position of Second Selectman for the town of Bethlehem from 2009-2013.

I think the position of VP of Community Relations is a very important position with the current expansion that JDH is undergoing. The community's involvement and engagement with the hospital and the university will help ensure future growth and development.

If you would like to know more about me feel free to contact me at

roden03@aol.com



### **Member Spotlight**

For the last eight years you can find Joyce Fritz in the Department of Facilities Management and Operations at UConn Health. She is working on the billing of lab coats and maintenance. This year will mark her 30th anniversary working mostly part-time to raise her daughter, Rebecca and then to go back to college to get her bachelor's degree in General studies with a minor in Business, which she accomplished last year. She is a hard worker with a strong work ethic but this is not what makes Joyce tick. Joyce has a passion for life and lives her life to the fullest. Whether biking to work, working in her garden, or out skiing on a mountain, she always has a smile on her face. Through her passion, she has volunteered to coordinate the Bike to Work Event where she greets cyclists once a month and offers them breakfast which often includes her own fresh baked goods and information about safe biking. Also this last eight years she has participated in the Jim Calhoun Bike and Walk Cancer Challenge forming her own team called, UConn Health Fritz Free Riders and riding with her team to raise money for cancer. Last year her team raised an impressive \$5,000. Joyce is a real tom-boy at heart being raised with four brothers and one sister. Other interests include hairdressing, traveling, baking, hiking and helping people. Having lived in CT all her life, she is hoping to retire from UConn in less than 4 years to Las Vegas, Nevada to open her own business.

#### Get to know a member better.

(Please submit a name for the next issue)



## **Upcoming Events**

- The Next General Election will take place March 21-27 with Electronic Voting!
- April 22 in Keller Auditorium, 4-8 pm, Workplace Violence Seminar. Patient on staff, staff on staff and people on people will be covered. Essential to nurses.
   Free light meal. Open to the outside as well. (CEUs to nurses)
- Don't forget the Business Convention, April 10th at the Aqua Turf.
- Contract negotiations will be starting in September. We would love for you to get involved.

**Donna Maronde** President dmaronde@uhp3837.com

**Chris Frechette** 1st Vice-President cfrechette@uhp3837.com

**Lorrie Tripp** Recording Secretary ltripp@uhp3837.com

**Michelle Proper** Treasurer mdproper@uhp3837.com

**Ray Bennettson** Chief Steward bennettson@uhp3837.com

Janine Gelineau VP Communications jgelineau@uhp3837.com

**Karen Apruzzese** VP Membership Activities kapruzzese@uhp3837.com

**Swapna Das** VP Political Activities sdas@uhp3837.com

**Linda Regan** VP Tier II Employees lregan@uhp3837.com

**Robin Addison** Vice-President rwashington@uhp3837.com



# **Share your recipes**

Eggs are back in fashion! Several news articles have said even the yolks are good for your health.

#### Recipe shown

4 eggs with a little water added

Baby spinach

**Grape tomatoes** 

Turkey Pastrami

Turmeric, ginger, southwest spices

Eggs are a great source of protein and pack several vitamins such as potassium, Vitamin A, many B vitamins including folic acid, biotin, and choline.

Submit your recipe/photo to:

jgelineau@uhp3837.com

#### Join us on Facebook

www.facebook.com/UHPCT



This newsletter was published in good faith. We take no responsibility for any errors or omissions.

Questions:

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