



2022 Retirement Changes

SEBAC has answers to your questions to help you make informed decisions.



SEBAC is out with an updated Q&A on the changes in retiree benefits that take effect July 1, 2022: bit.ly/1912SEBAC.

There you'll also find an article titled "SEBAC and the Silver Tsunami" that provides additional context.

QUICK HITS

Not Too Late for The Flu Shot

There's still time to get a flu shot and give yourself the best chance to protect yourself, your patients, your coworkers, and



Recording Secretary Laura Didden at an employee flu shot clinic in October

family from influenza. It's available for free through Employee Health Services. Call 860-679-2893 to schedule.

Time Running out for HEP Compliance

If you don't complete your 2019 Health Enhancement Program (HEP) appointments by year's end, you risk being dropped from the program and facing higher premiums. UConn Health has a dedicated line for HEP appointments: 860-679-0199. See where you and your dependents stand on the HEP portal: www.cthep.com. Remember, if you're in compliance you're automatically re-enrolled for 2020 and will continue to pay lower premiums for your health care coverage.

VICE PRESIDENT'S CORNER



Goodbye for Now, And Thank You

This month's corner goes to our Vice President for Community Outreach Trisha Faraday, with a bittersweet message.

As some of you are already aware, I will be stepping down from my role as VP for Community Outreach as of Dec. 31. I wanted to take a moment to thank all of you, members and non-members, for all your support over the years for many of our community outreach projects.

In my time in this role, we have been able to feed many of the hungry in our area by packing 20,800 meals with our End Hunger nights. We have raised money for different local charities by selling tickets to Yard Goats games and other drawings held at our UHP holiday parties and our UHP business conventions. We have collected items for those affected by the hurricanes in Puerto Rico and our military overseas. We have worked closely with United Labor Agency to provide toys for those children in need every holiday, as well as supplying food, backpacks and school supplies each year to many local children in need.

These are just some of the things we have been able to accomplish during my time as your VP for community outreach. You all made this role easy for me and I would not have been as successful if it wasn't for all of you and how selfless you all are. It truly takes a village and you are all a part of that.

I'm proud and humbled to call you all my sisters & brothers as I transition into a new role as a mom this spring. This isn't farewell, but more like see you soon.

—In solidarity, Trisha Faraday

UHP's Sifuentes Helps Organizing Effort



Imaging services program assistant Ana Sifuentes (middle) is a graduate of the AFT Connecticut Member Organizing Institute, and after her initial training, she volunteered to be part of a full cohort that recently helped organize five dozen managerial and exempt state employees.

Ana says the instruction “helped a great deal,” preparing her for conversations with managerial and exempt state employees aimed at empowering them to “stand as a union.” She says her career path also contributed to her success by demonstrating to fellow public employees “that you are not alone.” As a member of UHP, her background enabled her to “connect and find empathy” among potential new members.

—AFT Connecticut

UPCOMING SCHEDULE

Dec. 19, 3p-7p, Academic Rotunda

UHP Holiday Party

Please bring an unwrapped toy or nonperishable item for ULA.

Jan. 4, 9a, UHP Office

Finance Committee

Jan. 7, 5p, UHP Office

Elections Committee

Jan. 9, noon, Onyuke Dining Room

Union Rep Assembly

Jan. 13, 5p, UHP Office

Executive Committee

Jan. 18, 9a, UHP Office (tentative)

Finance Committee

Jan. 28, 5p, UHP Office

Steward Committee

(Note: No December meeting)

UHP online calendar: bit.ly/uhpca

Elections Committee Convening Jan. 7, New Members Welcome

We will be holding a call for nominations for eight UHP officer positions during the month of January for elections to be held in March 2020. Officer positions up for election this year are: President, First Vice President, Treasurer, Recording Secretary, VP for Membership Activities, VP for Political Activities, VP for Communication, and VP for Community Outreach.



To prepare for this election, there will be an Elections Committee Meeting **Tuesday, Jan. 7**, at 5 p.m. in the UHP office. Please email ldidden@uhp3837.com if you'd like to join the committee, to RSVP to attend, or if you have any questions.

—*In solidarity, Laura Didden*
Recording Secretary
Elections Committee Chair

Worker's Comp Committee Needs UHP Patient Care Voices at Table

Are you a direct-care provider in JDH or UMG? Please consider joining the UConn Health Employee Safety and Health Committee.

Known informally as the worker's comp committee, this is a joint UHP-UConn Health group that meets every other month to review safety incidents, accidents and illnesses that could lead to workplace injuries.

This committee is a constructive way for employees and management to work together to

reduce the need for worker's comp claims. To most effectively meet that objective, we need more direct-care providers from various patient care areas to represent UHP at the table. This will only strengthen our voice in the mutual goal of creating a safer workplace for everyone, and a safer care environment for our patients.

To learn more, please email cdefrancesco@uhp3837.com or ihamm@uhp3837.com. Please consider it.