



UNIVERSITY HEALTH PROFESSIONALS
LOCAL 3837

UHP Newsline

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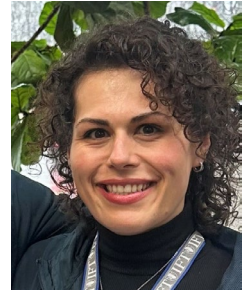
Tasha Greenlaw

Special Election: 2 Running for VP Tier II

Our two nominees for our special election for vice president for Tier II (hourly) employees are **Tasha Greenlaw** and **Randi Schiavi**. Please [use the QR code](#) for the official campaign bios they sent to our elections committee.



Absentee ballots are available by appointment with the UHP office Oct. 13-15, and **online voting will take place Oct. 19-23.**



Randi Schiavi

Organized and Energized



From left: Idelis Carabello, Tracey Levine, Martha Guttierrez, Patti Robinson, Kendra Walton and Sharissa Norwood turn out for an organizing event at Munson Road, staffed by Dawn Thomas (front right) and Mackenzie Hurtado from SVFT (back right).

From Sept. 10-17, 11 members took part in an AFT mobilization blitz, a campaign to engage with members and connect with those who have not signed cards. We asked them to share their thoughts on the experience.

"It was great to set up in different work areas to see our members and also to go door knocking to their homes," says VP for Political Activities **Dawn Thomas**. "What a great way to make a connection to our members on an individual basis. We got to hear their concerns that they may have otherwise not brought forward."

[Use the QR code](#) to hear more from Dawn and other members who took part.



PRESIDENT'S CORNER

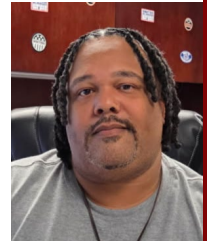
October's Word: 'Value'

I can't believe we've reached October. The leaves are changing; the weather is cooler and the holiday season is approaching quickly. With just a couple of months until the new year, there are still so many things that must be done. One of the things I'm making sure to check off on my list (not holiday shopping), is making sure I've met my **HEP (Health Enhancement Program) requirements**. If there are any HEP requirements, like dental visits, annual provider visits, colonoscopies, etc., that you haven't done, please be sure to have those completed by the end of the year so that you are compliant.

SEBAC (State Employee Bargaining Agent Coalition) is currently in negotiations with the Lamont administration regarding the **SEBAC contract that covers our pension, healthcare and retirement benefits**. As information becomes available, we will be sure to share that with the membership to make sure everyone has the information they need to make any informed decisions when the time comes.

You may have recently been approached or contacted by a fellow UHP member or union colleague. UHP participated in a **mobilization coordinated by AFT and AFT CT**. Eleven of our members volunteered to work and train in effective ways to communicate with our members, have

— (Continued on back) —





ON THE CALENDAR

Labor-to-Labor Canvasses

Saturdays through Oct. 24, bit.ly/2609laborwalk

Communications Committee

Oct. 15, 5p, UHP office, bit.ly/2610commscmtc

Special Election: VP Tier II

Oct. 13-15, absentee ballots by appointment

Oct. 19-23, online ballot via uchc.edu email

Steward Committee

Oct. 27, 5:30p, UHP office

Halloween Bake Sale, bit.ly/2610bakesale

Oct. 29, 11:30a-1:30p, main and OPP cafeterias

Election Day 2026

Nov. 3, 6a-8p, municipalities throughout CT

Executive Committee

Nov. 10, 5:30p, UHP office

Union Rep Assembly

Nov. 12, 12p, Onyike Dining Room

UHP calendar: bit.ly/uhpca

PRESIDENT'S CORNER (continued from front)

informed conversations and hear from our membership on issues or concerns that affect them as well as attempt to get membership cards signed by our unsigned card members. This initiative was a week full of site meetings as well as house visits to our members hoping to make a more meaningful connection. Thank you to those that participated and those that welcomed the interaction.

As we sail through this month, one important word I would like everyone to remember is **VALUE**. *Value is the measure of how much something is worth, how useful it is, or the importance we give to it.* Often, you may hear the phrase, "Know your worth." Knowing your "worth" or "value" is important because it allows both you and your employer to understand that the time and effort you put into your career, the work that you do, the qualifications, experience, education and expertise you provide to your job is

of value. Never downplay your value. In a competitive atmosphere like the one we work in, you won't always be praised or selected. That would make things too easy. There can be hundreds of reasons why that happens and most of the time, you will never truly get the actual answer. Sometimes our value can be overutilized and underappreciated. Is there a high demand for you? Has your workload increased or are you constantly the go-to person? When the time comes for reciprocity, are there crickets chirping in the distance, the faint sound of excuses echoing through your department walls or loose change being thrown your way, hoping that will keep you content and quiet? Never be afraid to make tough decisions to maintain your value. Know that change can be a good thing. Be mindful of when your value is being utilized. But pay extra attention to when your value is utilized and not valued.

—In solidarity, Shawn Brown